



**MANSFIELD  
NORDIC CLUB**

## **DUATHLON**

**Craftsbury Outdoor Center, Craftsbury, VT**

**Nensa Zak Cup and Club Cup Event**

**Sunday, January 24, 2016**

**Classic/Freestyle Duathlon: Skiers switch from classic to freestyle skis mid-race.**

**Men and Women U16 and older (6km classic + 6km freestyle), \$30/\$15.**

**Lollipop (0.5km classic only), \$Free, Grades 1/2 (1.5km classic only), Grades 3/4 (1km classic + 1km freestyle), Grades 5/6 (1.5km classic + 1.5 km freestyle), Grades 7/8 (2km classic + 2km freestyle), \$10.**

**Great merchandise prizes and custom made mugs to top 3 in age groups.**



**Registration:**

**<http://www.skireg.com/mncduathlon>**

